



# ARIZONA DEPARTMENT of CHILD SAFETY

November 10, 2022

## DCS Specialist Roles:

- Communicate DCS plans and concerns when sending a service referral, so the navigator can support the case plan goals.
- Coordinate with each individual youth's team to evaluate the best avenue for the youth to receive Successful Transition to Adulthood services.
- Consider the young person's individual learning style and level of maturity when evaluating what type of services may best suit his or her needs.
- Gather input from the youth and the youth's natural supports to ensure the Successful Transitional to Adulthood service is supporting towards the youth's long-term goals.

## Reminder:

- Youth generally develop strong rapport with a navigator; take a moment to learn how they are connecting with the youth on your caseload, as it may provide you with some unique ways to relate with your youth.

## Successful Transition to Adulthood

### Description of Service

Successful Transition to Adulthood (STA) provides an opportunity for young people experiencing foster care to develop and enhance their protective and promotive factors: Youth Resilience, Knowledge of Adolescent Brain Development, Social Connections, Concrete Support in Times of Need, and Cognitive and Social-Emotional Competency. Young people will also receive support and resources to increase their ability to live successfully outside of the foster care system.

Build upon a young person's protective and promotive factors, which may include:

- Youth Resilience
- Social Connections
- Concrete Support in Times of Need
- Cognitive & Social Emotional Competency
- Knowledge of Adolescent Brain Development
- Health Care Management
- Develop school experience plans
- Keys to Financial Future Curriculum
- Living arrangement stability & satisfaction
- Pregnant, expectant and/or parenting support
- Career exploration and/or pre-employment skills

Identify and explore supportive and natural connections with the family finding model activities.

Coordination of normalcy experiences and opportunities in the community to practice daily living skills outside of the foster care system.

### Service Eligibility

Youth who meet the following qualifications are eligible for the Successful Transition to Adulthood service:

- In the care and custody of DCS or a federally recognized Tribal foster care program, in an out of home care setting.
- Young person ages 14 through 20
- Resident of Arizona

### Service Referral Process

Providers who offer the Successful Transition to Adulthood service:

Arizona's Children Association and Intermountain Centers for Human Development:

- DCS specialist or a Tribal Social Services Representative will refer the young person and submit referrals to DCS: [STA\\_referral@azdcs.gov](mailto:STA_referral@azdcs.gov), (480) 651-3348.
- Initial contact is made within 7 days of receipt of the referral.
- Youth have the opportunity to meet with their assigned navigator at least three times a month for a minimum of 45 minutes a visit, and attend meetings when needed.
- The DCS Specialist is consulted for the creation of the youth's individual service plan.
- The Successful Transition to Adulthood assessment, monthly progress report, service plan, and case closure summary are uploaded into Guardian.

### Services may also be provided in the following settings:

Behavioral Health Providers:

- There may be a waiting list for services depending on the behavioral health agency.
- The frequency of contact with the youth and type of transition to adulthood support are dependent on what is written in the youth's individual service plan.

Foster Homes/Group Homes:

- Providers can practice transition to adulthood skills, including competency development, daily living skills, relationship development, with the youth at any age.
- The DCS Specialist and the provider discuss how the youth's needs are being met during each monthly visit.